



The People's Acupuncture of Asheville
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WELCOME TO THE PEOPLE'S ACUPUNCTURE!!

WHAT IS COMMUNITY ACUPUNCTURE?

Community acupuncture means that we treat multiple patients in one room in recliner chairs. This also means that we charge on an affordable sliding scale. Treating patients like this has multiple benefits: it brings down the costs of treatments, creates a collective healing energy, and makes it easy for friends and families to come together.

OUR MISSION

Our Mission at The People's Acupuncture of Asheville is to provide affordable accessible care. Through this model we are committed to providing quality acupuncture so that people can get the care they need to get better and stay better.

OUR SLIDING SCALE

Our sliding scale is \$30-\$50 for the first appointment and \$20-\$40 for all following appointments.

We require no proof of income. You decide what you can afford. We accept cash, checks, or credit. We do not accept insurance, however, we will gladly provide you with a receipt for you to send to your insurance provider.

THE WHOLE POINT

Acupuncture works best when received frequently and regularly. The whole point of our clinic is to make acupuncture accessible and affordable so that you can get regular treatments until you feel better. Please understand that acupuncture is a process that will take time to resolve your health issues. Most of our patients see improvements in the first few treatments. If you have a serious illness we recommend that you also see a primary care physician.

WHAT TO EXPECT

During your first treatment we will spend about 10 minutes with you discussing your health issues. Follow up treatments have a shorter check-in time of about 5 minutes. After checking in, you will go into our treatment room and lie in a recliner chair. Pick any chair you like. Take off your shoes and socks and roll your pants up to your knees and sleeves to your elbows. For this reason, we recommend you wear loose fitting clothing. Once you are settled in your recliner, we will come in shortly and give you acupuncture. We recommend that you rest with the needles in for about 45 minutes. Let us know if you feel uncomfortable or if you need anything during this time. After 45 minutes we will come and remove your needles. For your first appointment, expect to be at the clinic for about 1½ hours. Most follow up treatments only require about 1 hour total time at the clinic.

COVID-19

In order to prevent the spread of COVID-19, we require everyone to wear a mask at all times. We appreciate everyone doing their part to help reduce the spread of the virus. We are taking extreme sanitary and disinfecting measures on our part as well to protect the health of our patients.